

Secondary Reconstruction after BPI



Prof. Andrew Hart

BSc(Hons) MRCS AFRCS MD(Hons) PhD FRCS(Plast)

Consultant Plastic & Hand Surgeon



*Stephen Forrest Professor of Plastic Surgery Research,
University of Glasgow*



andrewhart@nhs.net

GOALS

- Informed, realistic patient
- Holistic welfare addressed through MD care team
- Pain control optimised
- Lifeboats not burned
- Shoulder stable
- Elbow range 0->90°
- Grasp restored
- Protective / coarse sensation
- The limb feels part of me
- Hand reanimation unrealistic unless some elements present

Common secondary issues

Pain

Motor control

Sensory symptoms

Scarring

Vasomotor change

Function

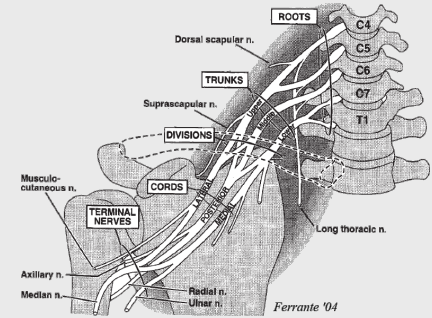
Loss of employment & psychological impact

Loss of hobbies & psychosocial morbidity

Psychosexual impact



OBPI Shoulder



Spinati palsy + subscapularis contracture

70% develop glenohumeral deformity

Conservative management

Physiotherapy

Surgery in ~20%

subscapularis release

rotator transfers

shoulder relocation / humeral osteotomy



Common secondary issues

Pain

Motor control

Sensory symptoms

Scarring

Vasomotor change

Function

- Loss of employment & psychological impact

- Loss of hobbies & psychosocial morbidity

- Psychosexual impact

Scar management

Conservative techniques

time + massage + moisturise

silicone

pressure

Secondary interventions

intralesional steroid

tattoo

surgical resurfacing – broad areas of scar, or to prepare for further secondary surgery

surgical revision +/- plasties

Contracture release

Joint or scar contracture may arise secondary to ischaemic fibrosis of muscle, to suboptimally aligned cutaneous scars, or secondary to inadequate maintenance of passive range

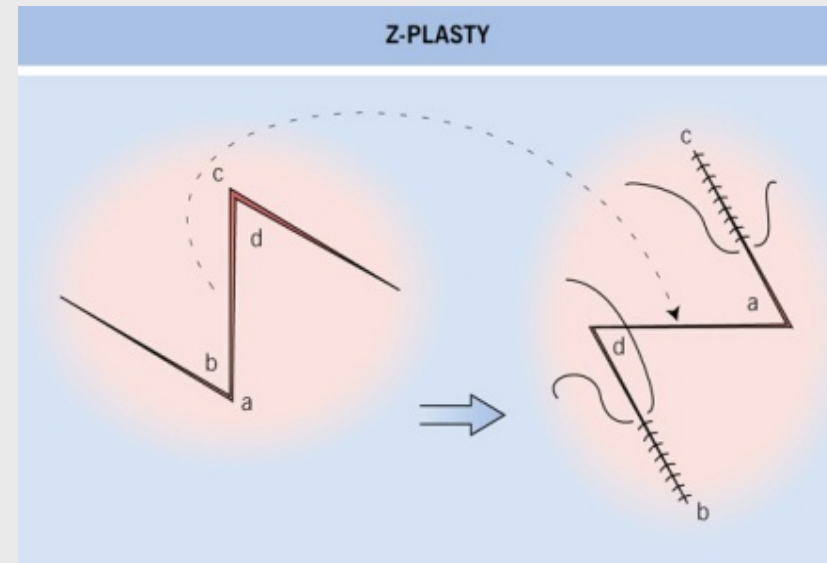
Plasties

Flaps

Skin flaps most suitable

Thin perforator flaps ideal

Local / pedicled / free



Vasomotor change & Cold intolerance

Vasomotor reactivity

“inappropriate” change in small vessel tone resulting in purple / red / white colour change, often with associated perception of swelling

can cause psychosocially crippling negative body-image issues

Cold intolerance

temperature related pain / reduced sensation / vasomotor reactivity / stiffness

Interventions

sensory nerve reconstruction

cosmetics advice

botox

warming measures

Secondary pain surgery

Neurolysis

release of nerves from scar entrapment +/- flap cover

traction vs compression

mixed results, more appropriate for infraclavicular injury

Motorisation

increased functionality often associates with reduced pain

Amputation

most appropriate for chronic infection / tissue viability indications

Botox? Steroid? Guanethidine?

Neurosurgical (spinal) procedures

Sensory procedures

Sensation

non-visual control

feeling limb is part of you

reducing phantom sensation

Secondary nerve transfers

cervical plexus to median nerve

cross-neck C7 to lower trunk

intercostal nerve sensory branches

Function

Realistic assessment of what can / can't be achieved

time after injury

co-morbidity

age

compliance with rehabilitation

balancing surgical vs non-surgical options – role of OT, prostheses, counselling

Consider

stabilisation

motorisation

patient driven prioritisation & staging of procedures

Nerve transfers

Sensory:

ICN / cervical plexus to brachial plexus (typically routing towards median nerve)

Distal fascicle transfer

Motor

intra-plexal vs extra-plexal

Shoulder: XI → SSN, Triceps branches to axillary

Elbow: Ulnar / median nerve fascicles to MCN

Forearm: median PT / FDS fascicles to radial / PIN

Hand: AIN to motor branch of ulnar

Cross-neck

“academic success”

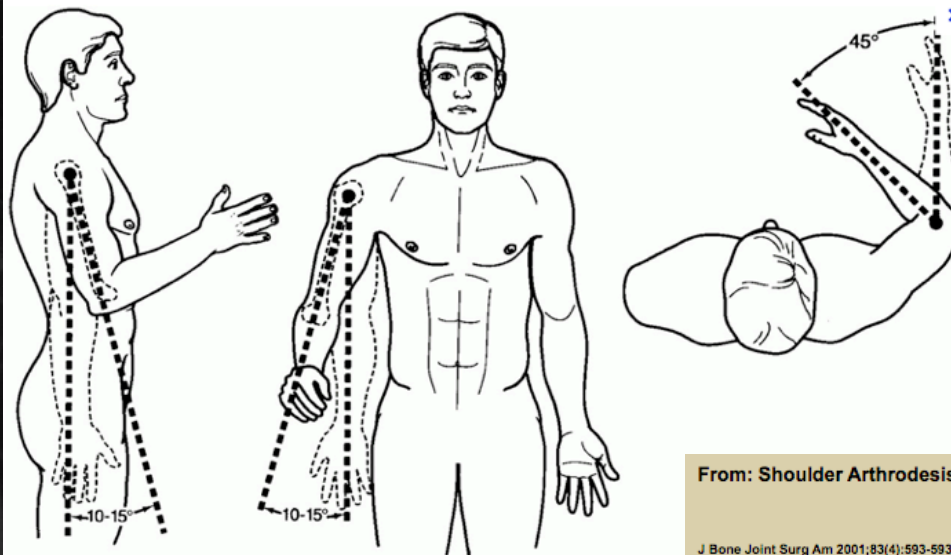
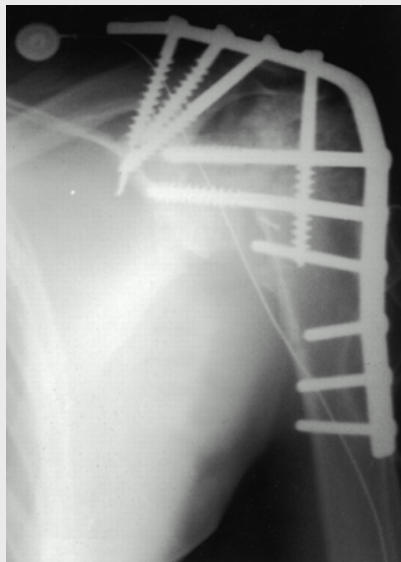
Joint fusions

Wrist

Useful adjunct to stabilise hand for function

Preliminary trial of static splint

May free tendons for transfer to motorise digits



From: Shoulder Arthrodesis

J Bone Joint Surg Am 2001;83(4):593-593

Glenohumeral

Require good scapular control

Range of movement

Makes limb “part of you”

Tenodeses

Fixation of a paralysed muscle-tendon unit to limit joint range of movement

Role in growing bone to mimic fusion without affecting growth

e.g. fixation of wrist extensors to radius

Role in allowing a different intact movement to create additional beneficial control of a joint

e.g. FPL tenodesis in the extensile wrist

Indications & techniques evolving

Secondary reanimation

After ~9 months of denervation there is little point trying to reinnervate muscle

Early secondary nerve transfers

- triceps branch to axillary nerve

- median nerve to radial nerve fascicle transfer

Tendon transfers

- shoulder & elbow options limited

- hand & wrist – multiple potential options

Functional muscle transfer

Tendon transfers

Transfer of a functional muscle-tendon unit to power a more useful function

Requirements:

Synergistic & MRC grade 4/5 power

Dispensable function

Vectoring

Healthy soft tissue routing & passively mobile joint

Hand & wrist: EI opponensplasty, FCR to EDC, EE4T...

Shoulder: LD external rotation transfer

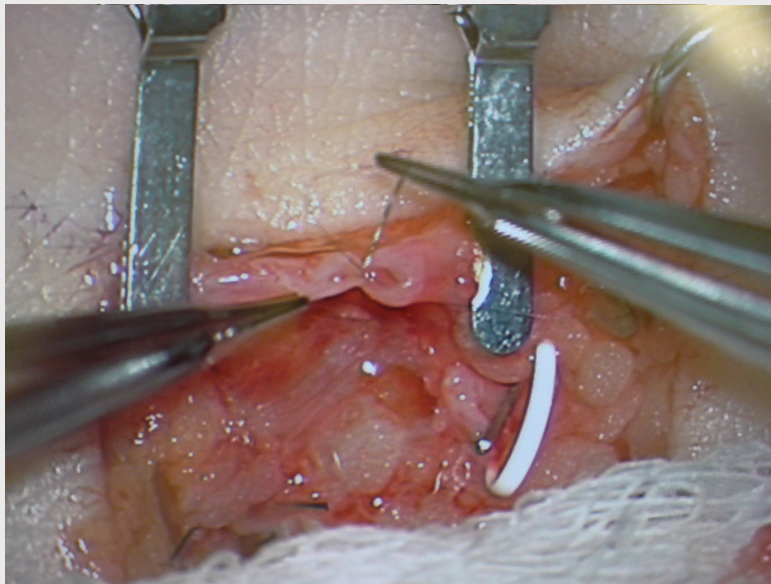


Flap transfers

Soft tissue optimisation

Bone reconstruction

Functional muscle transfers



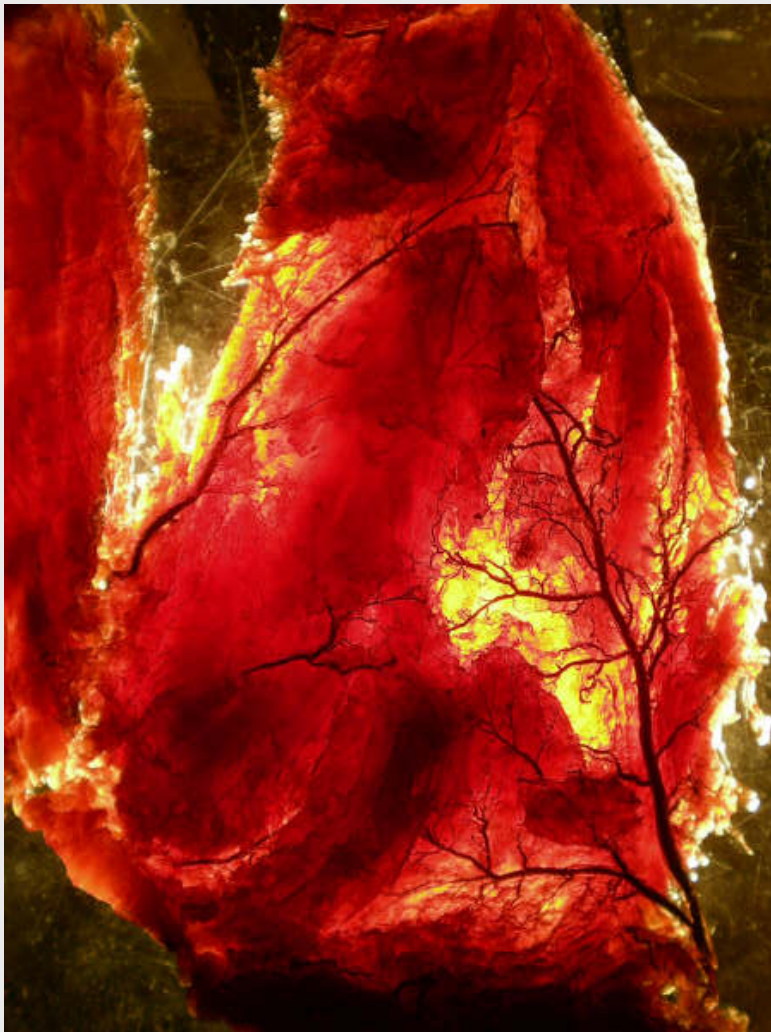
Tailor donor to recipient defect requirements, patient factors & operative logistics

Longer procedure, specialist units, high dependency post-operative care

Safe in children & fit elderly

Cost-effective

Functional Muscle Flap Transfer



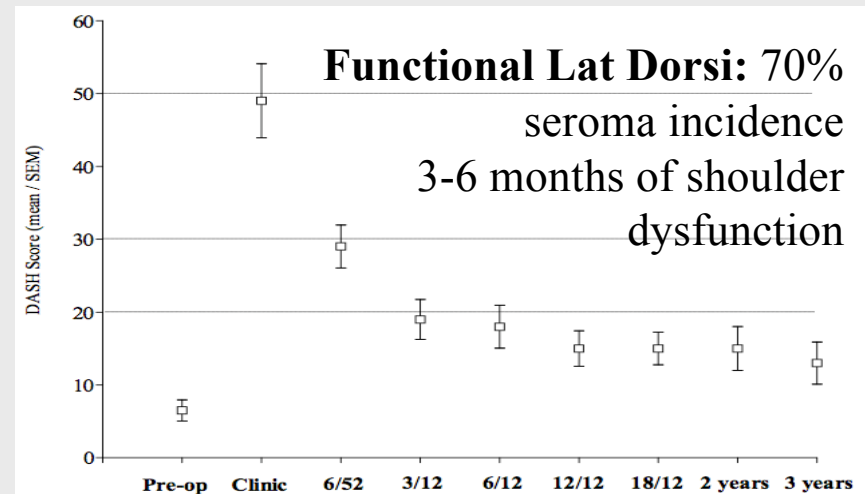
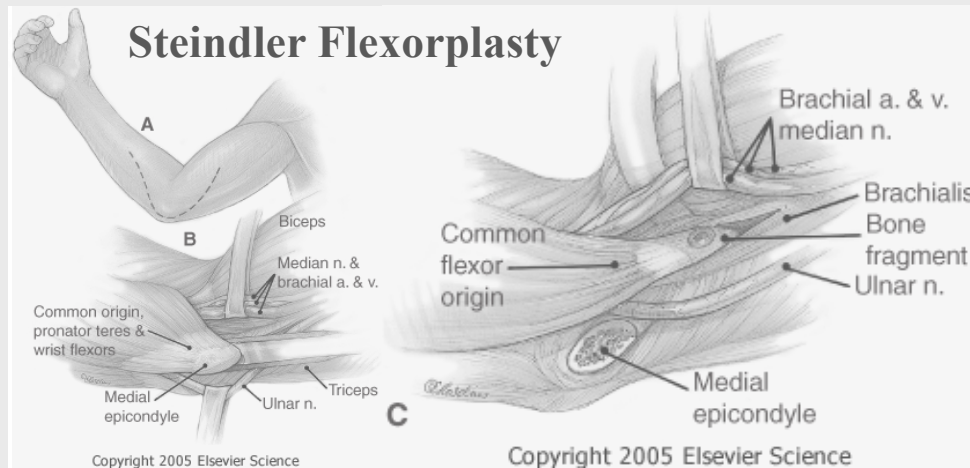
Transplantation of a viable muscle-tendon unit with the primary aim of restoring motor function

Extension of the tendon transfer principle

Muscle / myocutaneous flap

Pedicled / free tissue transfer

Reanimating Elbow Flexion



Pec Major transfer:

- Weakened shoulder
- Poor, stigmatic cosmesis

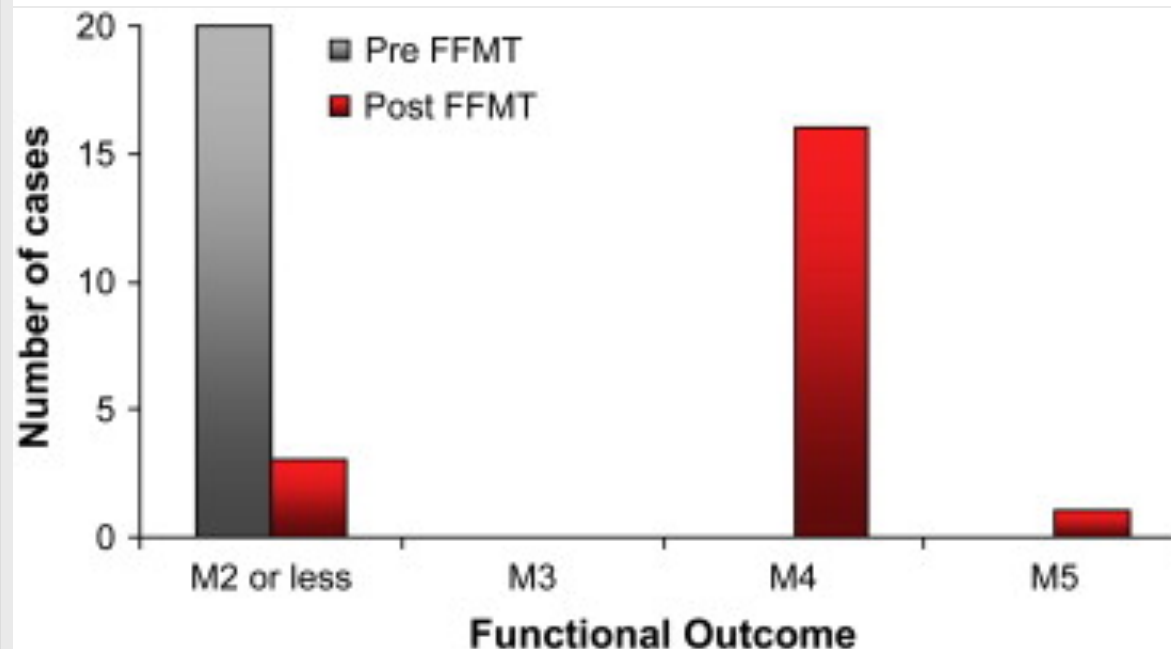
Free Functional Gracilis Flap:

- No motor impairment
- Hidden scar

Salvage Options:

Muscle transfers; tendon transfers; joint fusion

Kay, Pinder, Wiper, Hart Jones & Yates JPRAS 2009



37 flaps in 33 patients, predominantly
BPI / biceps reconstruction

13 adults (median 34 years) 20 children (median 5 years)

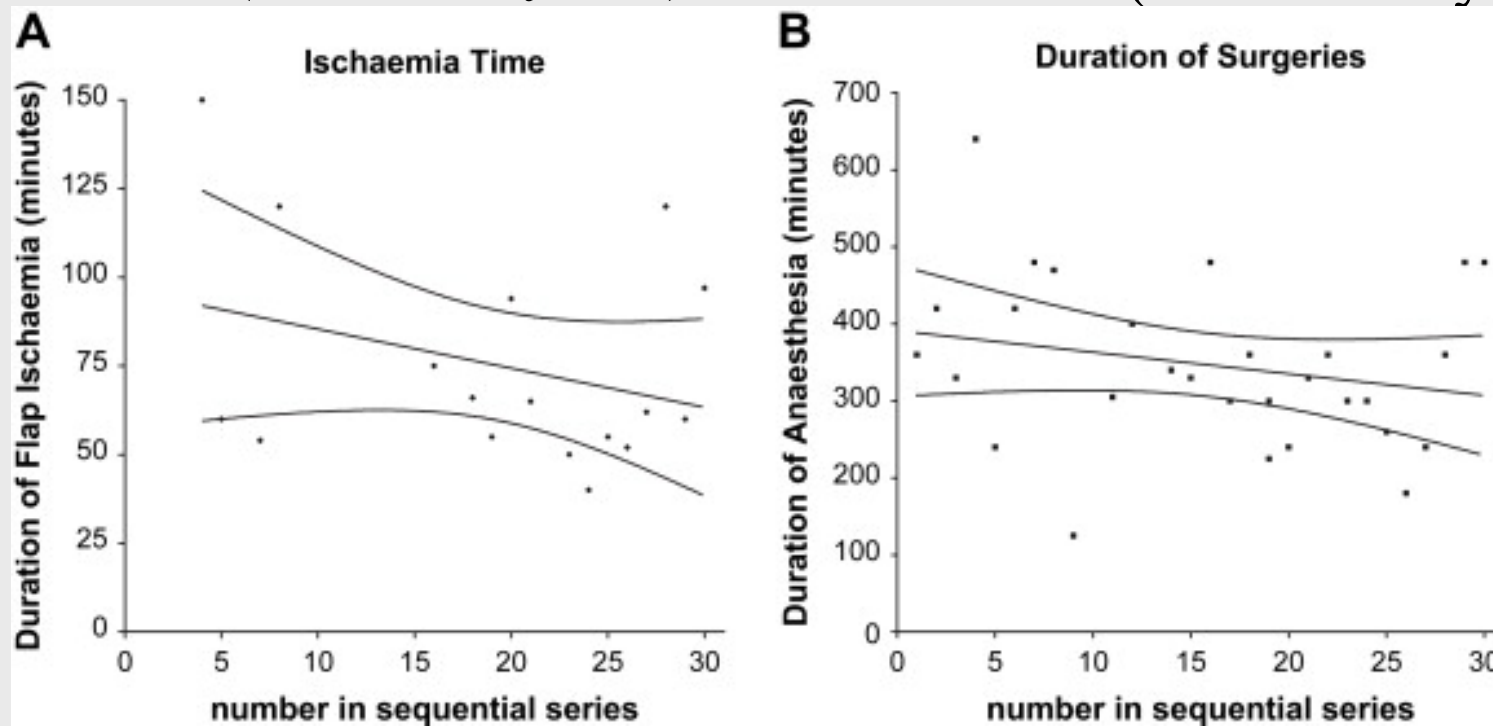
Free functional gracilis transfer

Kay, Pinder, Wiper, Hart Jones & Yates JPRAS 2009

37 flaps in 33 patients, predominantly BPI / biceps reconstruction

20 children (median 5 years)

13 adults (median 34 years)



Free functional gracilis transfer for multiple functions

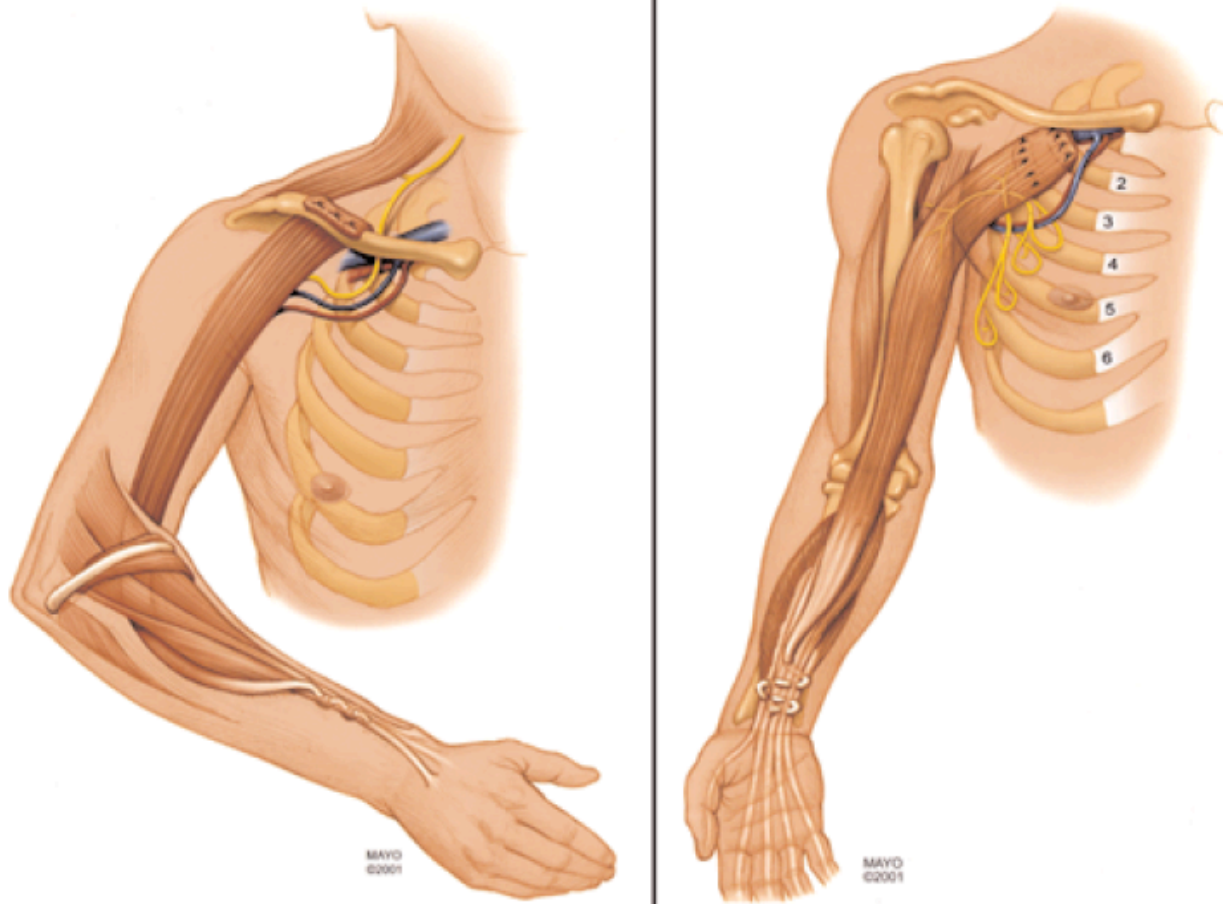


Fig. 2. Doi Stage I and II procedures. *Left:* Stage I. Double free muscle transfer is used for restoration of elbow flexion and wrist extension. Motor neurotization is provided by the spinal accessory nerve. *Right:* Stage II. Double free muscle transfer is used for restoration of finger flexion. Motor neurotization is provided by the fifth and sixth intercostal motor nerves. Simultaneous triceps motor neurotization, using the third and fourth intercostal nerves, is performed to restore elbow extension. (Copyright of the Mayo Foundation. Reproduced with permission.)

*Barrie et al, Neurosurg
Focus
2004;16(5):Article 8
Doi double FFMT for
elbow flexion &
prehension*

Motor outcomes worse
than for single
function transfers (cf
tendon transfer) 63%
vs 79% achieving
 $MRC \geq 4$

Mayo Clinic results, 2004

Free functional gracilis transfer: *poorer results in forearm*

Pan plexus injury
FFGTx clavicle to EDC

Malabsorption syndrome,
profound weight loss

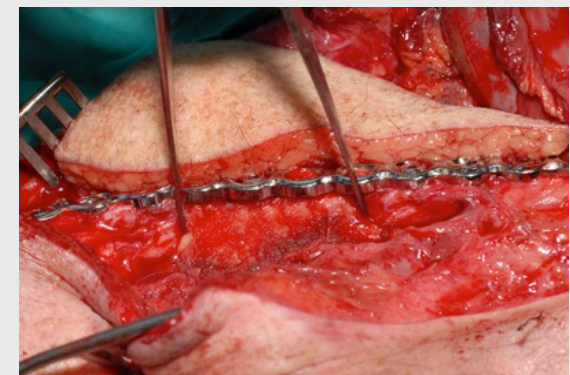
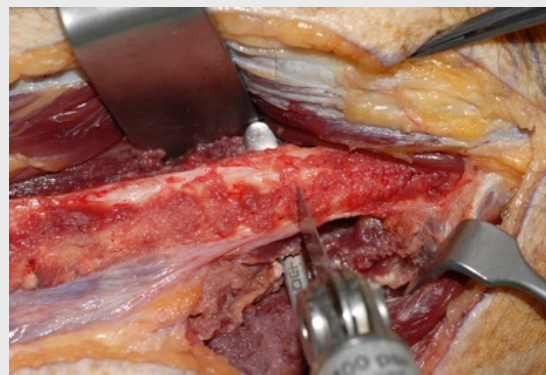
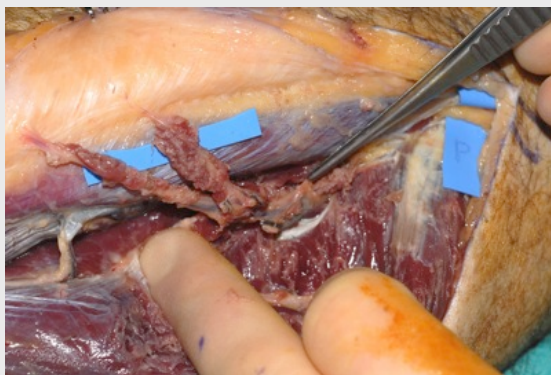


Bone stabilisation precedes soft tissue work

Clavicle non-union after multiple brachial plexus explorations



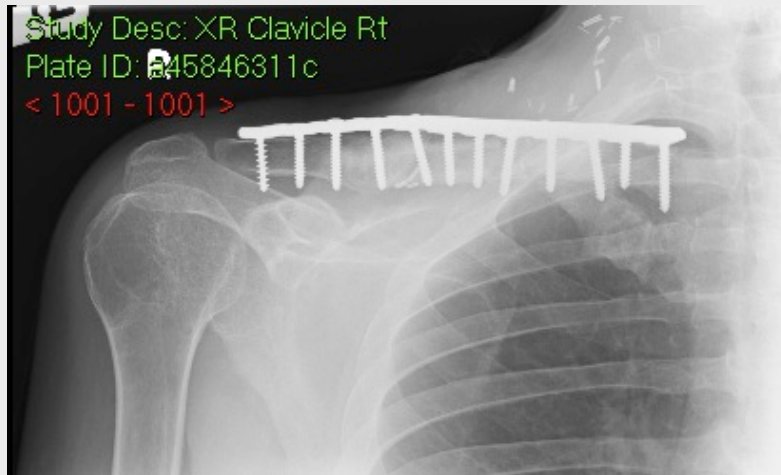
Commence dissection posteriorly, release soleus, FHL & TP



Skin paddle supplied by popliteal perforator in this case, bone by peroneal vessels

Bone stabilisation precedes soft tissue work

Clavicle non-union after multiple brachial plexus explorations



Neurolysis & Stable clavicle – less pain

No chronic wound – psychology & life benefit

Prepared way for elbow reanimation

Hand became a functional body part again

Independent function & “hug again”;

Discharged after ~20years of medicalisation

Amputation

Seemingly logical solution to the “failed” nerve reconstruction, particularly flail limb

However

- a one-way street

- evidence of benefit vs. neurogenic pain unresponsive

- balance against potential outcome from secondary procedures

Levels

- Forearm / Upper arm / Forequarter

Requirements

- Clear appreciation of likely outcome of current injury

- Clear appreciation of likely outcome of amputation

- Counselling & Psychology assessment

Active prostheses

Bionic hand for 'elective amputation' patient

By Neil Bowdler
Science reporter, BBC News



Milo is measured up using his bionic hand prior to the operation

An Austrian man has voluntarily had his hand amputated so he can be fitted with a bionic limb.

The patient, called "Milo", aged 26, lost the use of his right hand in a motorcycle accident a decade ago.

Related

[Bionic revolution gathers pace](#)

Static prostheses have poor compliance because they fail to deliver

Dynamic cosmesis

New generations of neuro-integrated motorised prostheses

Future of Hand Restoration

transplant & biodynamics



UK's first hand transplant operation

COMMENTS (243)

By James Gallagher

Health and science reporter, BBC News



Mark Cahill, right, can wiggle the fingers on his new hand

The University of Glasgow & Canniesburn



Welcome to CCE!

We are a multidisciplinary centre aiming to discover new stem and nerve cell technologies through use of nanoparticles and materials engineering. View our history here

[Our History](#)

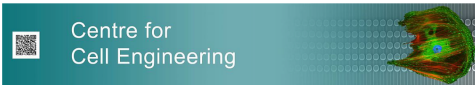
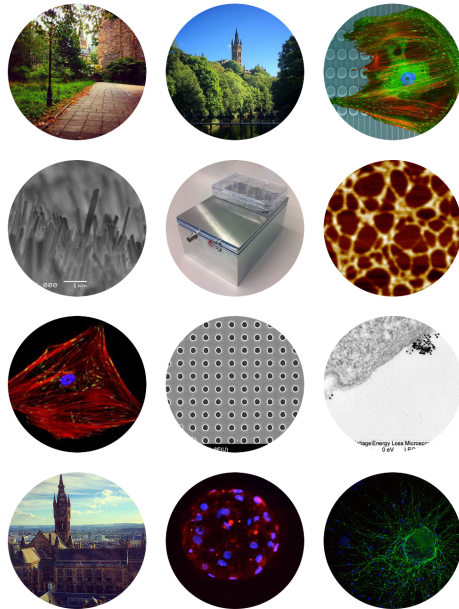
Scroll through our website and other social media feeds to keep up to date.

Professor Matt Dalby named as RSE Fellow

15th Feb 2017

Professor Matthew Dalby has been named an honorary fellow by the Royal Society of Edinburgh.

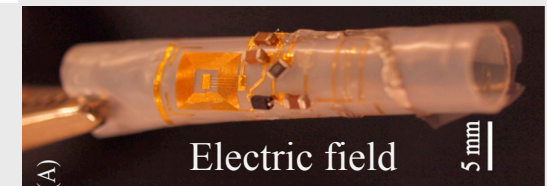
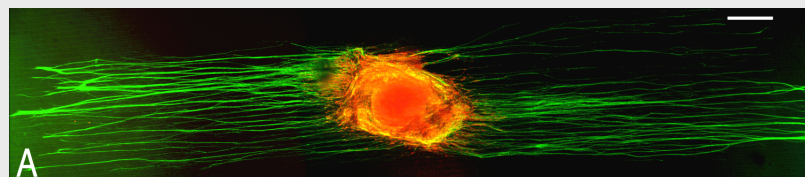
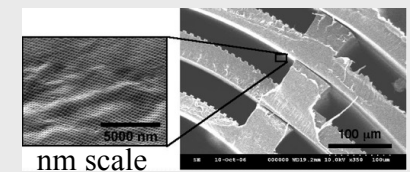
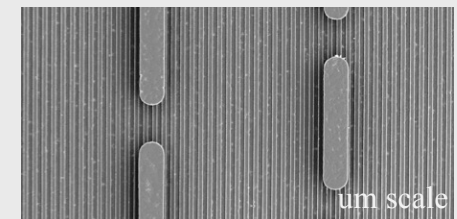
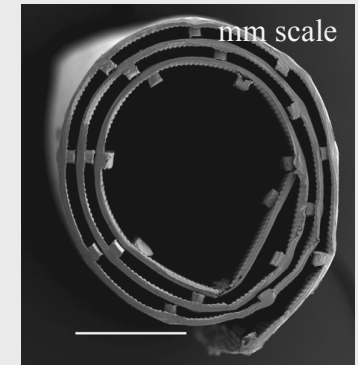
[Press Release](#)



Pioneering synthetic bone project will help landmine victims



Sir Bobby Charlton, founder of the Find A Better Way charity, visits a mine clearance site in Battambang in Cambodia. Picture: Dimas Ardian/Getty



Prof. Ravinder Dahiya

Electronic skin & tactile sensing robotics

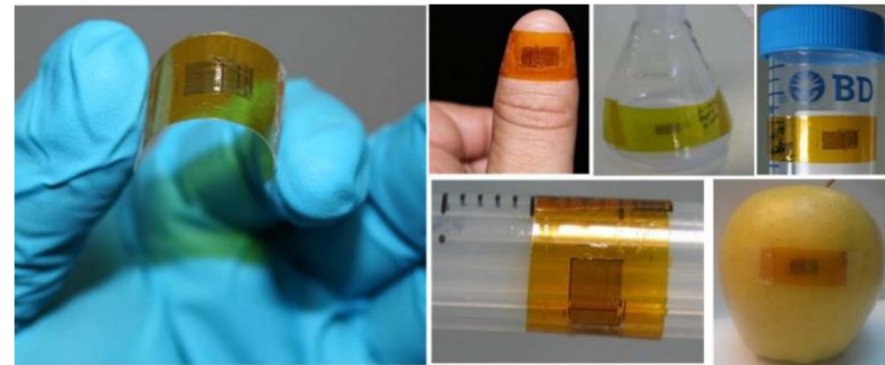
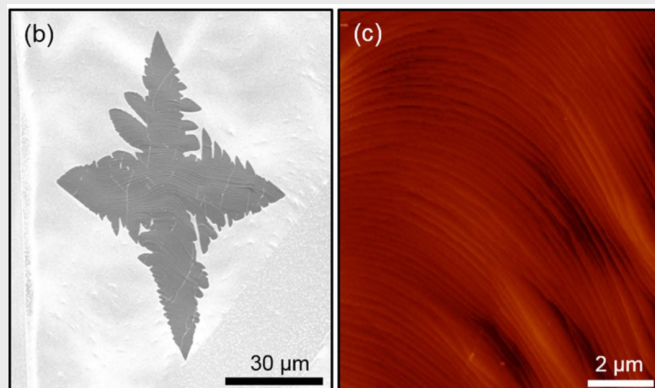
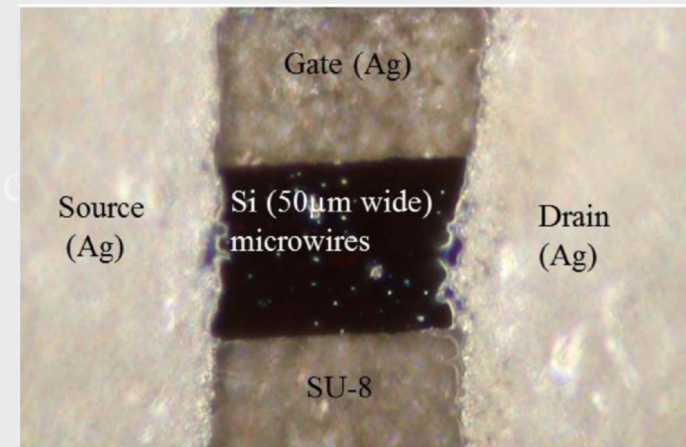


Figure 3. Transferred Si microwires on PI substrate and attached to various objects with different orientations and radius of curvatures.

Summary

Initial treatment, with early reconstruction, optimises outcome

Secondary reconstruction has a significant role in overall management

- include predictable options such as FFMT into initial careplan
- avoid procedures that obviate important secondary reconstructive options
- dynamic cosmesis + functional worth = psychological wellbeing

Key elements:

- Fusions: wrist & shoulder very effective in appropriate circumstances
- Reanimation: tendon transfers & muscle transfers
- Holistic care

Never too young, too old, or too late